

YEAR 9 FOOD MODULE 2

SHORTBREAD

INGREDIENTS

150g Plain flour
100g Margarine
50g Caster sugar

METHOD

Place all ingredients into a mixing bowl and rub in with fingertips

Squeeze into a ball and knead until smooth

Shape into a circle or cut into rounds or fingers

Place on a greased baking tray

Bake in the oven at 160°C for 15-20 minutes or until golden brown