

The Liturgical Year

2024-25

A document to support Diocesan schools in planning Collective Worship that has the Word of God at its heart, incorporates the Church's liturgical year, its seasons and feasts, and provides opportunities for promoting Catholic Social Teaching.



'PILGRIMAS OF HOPE' - JUBILEE YEAR - <https://www.cbcew.org.uk/jubilee-2025-letter-from-pope-francis/>

The Holy Father has decided that 2025 will be a year of Jubilee, something which happens every 25 years. The theme is “Pilgrims of Hope”, and it will be a year of hope for a world suffering the impacts of war, the ongoing effects of COVID-19 pandemic, and a climate crisis. Preparations for the 2025 Year of Jubilee will begin in Advent 2023, which will mark the start of a year of prayer. The Bishops’ Conference will be producing resources for the preparatory year of prayer, focusing on the Our Father, as well as resources about Jubilee in the Catholic Church.M

School Jubilee Plan:

Term 1	‘A shared journey that the church is called to make’	Faith (Discovering what it means to be pilgrim of hope)	<ul style="list-style-type: none"> ● A whole school mass celebrated on the feast day of our lady. Mary as a Pilgrim of Hope for us at St Mary’s Catholic College - launch of jubilee ● Launch of our pilgrimage group - student group to lead on aspects of the jubilee year and start preparation for their own pilgrimage ● Whole school assemblies on the theme of the jubilee year in term 1 ● Visual display of the Jubilee theme in front area
Term 2	‘I would greatly desire that we devote 2024, to a great “symphony” of prayer.’	Prayer (opportunities of prayer for those who need)	<ul style="list-style-type: none"> ● The school chapel will host a ‘pilgrimage prayer trail’ that will take pupils through what happens in a pilgrimage to Lourdes with links to the main themes of hope, faith, forgiveness & charity ● Weekly Chapel prayer opportunities with links to our prayer themes of poverty, refugees & those oppressed. ● Whole school Lent walk - ‘Our journey to Rome’
Term 3	‘We must fan the flame of hope that has been given us, and help everyone to gain new strength’	Charity (Putting our faith into action and being the makers of change)	<ul style="list-style-type: none"> ● Pilgrimage prayer trail to move to local church - Holy Apostles and Martyrs (dates TBC) and opened up to local community and primary schools. ● Refugee water walk as part of our enrichment week. ● Year group fundraising ● Pupils to join SYMT on their annual pilgrimage to Lourdes.
Term 4	‘Let us press forward in its mission of bringing the joyful proclamation of the Gospel to everyone.’	Hope How can we continue this work	<ul style="list-style-type: none"> ● A whole school mass celebrated on the feast day of our lady. Celebrate how we have been like Mary as a pilgrim of Hope over the last 12 month - ending of the Jubilee ● Assemblies led by our pilgrimage group on their pilgrimage to Lourdes - How others can get involved. ● Chapel reflection for all classes in AUT term reflection on their journey of Faith, prayer, Charity and Hope the last 12 months.

Chapel year focus & RE curriculum links:

Year group	Half term	Theme & curriculum link	Links & resources
Year 7	HT1 WK 4 & 5	<ul style="list-style-type: none"> ● <u>Belonging</u> to a catholic community ● Creation & covenant- WK 4 responsibility to others & our community. ● Pupils to look at what it means to be part of a Catholiccommunity and their role in discovering their faith. Links to retreat days. 	
Year 8	HT3 WK 20 & 21	<ul style="list-style-type: none"> ● <u>Pilgrimage</u> ● Galilee to Jerusalem - WK 20 pilgrimage and Lourdes ● Pupils will focus on the jubilee year and what it means to be a pilgrim. They will reflect on their faith journey so far and barriers to faith. 	
Year 9	HT2 WK 10 & 11	<ul style="list-style-type: none"> ● <u>Mary</u> our Patron saint ● Launch of Year of Pilgrims of Hope ● Prophecy & promise - WK10 who is Mary ● Pupil will look at the importance fo Marya nd how we can live like her today. 	
Year 10	HT5 WK 30 & 31	<ul style="list-style-type: none"> ● <u>Artefacts and faith</u> ● Paschal candle item and reflection - WK30 ● Use or artefact and what it is use for and what it teaches us about life after death. 	
Year 11	HT4 WK 23 & 24	<ul style="list-style-type: none"> ● <u>Forgiveness</u> - sacrament of reconciliation ● Curriculum link -WK 24 sin & forgiveness revision ● Pupil offered the sacrament with local parish priests 	
6th form	HT6 WK 33 & 34	<ul style="list-style-type: none"> ● Stewardship and daily life ● Laudato Si - WK33 ● What can we do to make change and be stewards of the earth today? 	

LAUDATO SI'

In May 2020 Pope Francis inaugurated “Laudato Si’ Week” at the Vatican commemorating the 5th anniversary of the publication of his eco-encyclical with the same title, opening a wider year-long commemoration of the document aimed at spurring global citizens to adopt more sustainable practices.

As communities begin to envision what a post-COVID world will look Laudato Si’ continues to provide “the moral and spiritual compass for the journey to create a more caring, fraternal, peaceful and sustainable world.” Encyclical Resources from CAFOD here - <https://cafod.org.uk/Pray/Laudato-Si-encyclical>

COMMON PRAYER FOR LAUDATO SI'

Loving God,
 Creator of heaven and earth and all that is in them,
 You created us in your image and made us stewards of all your creation, of our common home.
 You blessed us with the sun, water and bountiful land
 so that all might be nourished.

Open our minds and touch our hearts,
 so that we may attend to your gift of creation.
 Help us to be conscious that our common home belongs not only to us,
 but to all future generations, and that it is our responsibility to preserve it.
 May we help each person secure the food and resources that they need.

Be present to those in need in these trying times,
 especially the poorest and those most at risk of being left behind.
 Transform our fear, anxiety and feelings of isolation into hope
 so that we may experience a true conversion of the heart.

Help us to show creative solidarity in addressing the consequences of this global pandemic,
 Make us courageous to embrace the changes that are needed in search of the common good,
 Now more than ever may we feel that we are all interconnected,
 in our efforts to lift up the cry of the earth and the cry of the poor.
 We make our prayer through Christ our Lord. Amen

CATHOLIC SOCIAL TEACHING

Catholic Social Teaching (CST) is a central and essential part of our faith. It is rooted in Scripture that tells of God’s special love for the poor and marginalised and calls us to be bearers of love and justice. It is teaching founded on the words and actions of Jesus who identified himself with the hungry and thirsty, the

sick and the imprisoned, the naked and the stranger – the ‘least of my brothers and sisters’. CST is formed by the wisdom of Church leaders and provides us with a moral compass, guiding us on how to live out our faith in the world. Our faith calls us to love God and to love our neighbours in every situation so, with care for our common home and the dignity of every human person at its heart, CST compels us to make present in our unjust and broken world the justice, love and peace of God, especially to our sisters and brothers living in poverty.

SEVEN THEMES OF CATHOLIC SOCIAL TEACHING

- Human Dignity
- Rights & Responsibilities
- Concern for the Poor
- Solidarity & the Common Good
- Family
- Community & Participation
- The Dignity of Work
- Care of Creation

Throughout the liturgical year there are countless opportunities for schools to focus upon aspects of CST and bring reflections on global justice and poverty into their worship activities. Using the language of CST and drawing children and young people into a deeper understanding of its principles will inspire and empower them to respond to inequality and injustice in the modern world, leading them to seek ways to put their faith in action in school, in the local community and in the wider world. This document suggests ideas and opportunities for promoting CST in schools as a supplement to the excellent and varied work that is already taking place in Diocesan schools with regards to CST and social action.

Further information and resources for CST can be found at:

- <http://www.catholicsocialteaching.org.uk/>
- <https://cafod.org.uk/Pray/Catholic-social-teaching>
- <https://missio.org.uk/catholic-social-teaching/>

CARITAS DIOCESE OF SHREWSBURY

Caritas is the social action and social justice agency of the Diocese of Shrewsbury that seeks to work with children, families and communities throughout the Diocese. They support families with a range of concerns for example mental health, addiction, domestic abuse and family breakdown. They offer practical support to those living in poverty, in partnership with SVP and local food banks. They also give support to refugees and those seeking asylum.

Each Lent school can support Caritas by fund raising for the Good Shepherd collection and Caritas offers opportunities for Caritas Ambassadors in schools. If you would like to know more see <https://www.caritasshrewsbury.org.uk/about/> or email info@caritasshrewsbury.org.uk

THE ST VINCENT DE PAUL SOCIETY

The St Vincent de Paul Society in England and Wales, through its Mini Vinnies and Youth SVP programmes, encourages children and young people to develop their faith and spirituality in order to put their faith into action; in service to the disadvantaged, vulnerable and marginalised of society. For more information see <https://www.svp.org.uk/involve-young-people>

MISSIO

Missio is the Pope's official Charity for Overseas Missions. It is the Holy Father's chosen instrument for sharing the Gospel and building the Church throughout the world. Their secondary resources encourage students to reflect on their role in building the Kingdom of God for all people and aim to help young people to: discover the world around them and reflect on their role within it; think critically, inspired by Christ's Gospel; to embrace Catholic Social Teaching and to grow in faith. Secondary schools can download their free resources to follow the Liturgical Year, including Advent and Lent. They also have a series of workshops explaining the principles of Catholic Social Teaching (CST) and <https://missio.org.uk/general-resources/> For primary schools Mission Together is the children's branch of Missio, encouraging children to pray, fundraise and become missionaries themselves – children helping children. They provide primary school resources throughout the year focused on the Gospel, liturgical seasons and on our various overseas projects including assemblies, liturgies, activities, posters and aids to prayer. All resources are available from <https://missiontogether.org.uk/teachers-resources/>

CAFOD

CAFOD is the official international development and relief agency of the Catholic Church in England and Wales and is active within the global Caritas family. CAFOD provides a wide range of resources for primary and secondary schools and has Diocesan volunteers who can help you to promote CAFOD and CST in your school. See <https://cafod.org.uk/Education/Education-resources> and <https://cafod.org.uk/Volunteer/CAFOD-in-your-area/Shrewsbury>

FAITH IN ACTION AWARD

The CYMFED Faith in Action award scheme is a great opportunity to encourage and inspire young people to get more involved in the community and in local Parishes. Open to pupils from Y6 upwards the Faith in Action award aims:

- To celebrate the faith journey of young people
- To celebrate what already happens
- To encourage tangible living faith in the 'real world'
- To strengthen links between individuals, communities and organisations
- To explore the universal call to holiness
- To work for the Good News and the common good

Schools who wish to participate must contact the Youth Office at youth@dioceseofshrewsbury.org

Shrewsbury LIT calendar - church theme and world religion holidays			
WEEK BEGINNING	LITURGICAL THEME & GOSPEL READING	FEAST DAYS/ SPECIAL DAYS	OPPORTUNITIES FOR PROMOTING CATHOLIC SOCIAL TEACHING
SEPTEMBER			
Pope Francis' prayer intention for September			CST THEME AND LINKS
2nd September	New Beginnings	<p>"You put aside the commandment of God to cling to human traditions."</p> <p><i>Mark 7:1-8,14-15,21-23</i></p>	<p>22nd Sunday of Ordinary Time The Harvest, the Fruits of Human Work, the Revenant use of Creation 1st World Day of Prayer for Creation 5th St Teresa of Calcutta</p> <p>Care for creation Sunday 1st World Day of Prayer for Creation – the start of Creation Time which runs until 6th October, the feast of St Francis of Assisi. https://cafod.org.uk/Pray/Prayer-resources https://catholicclimatemovement.global/</p>
9th September	Let us Listen	<p>"If they listen to you, you have won them over."</p> <p>Matthew 18:15-20</p>	<p>23rd Sunday of Ordinary Time Education Sunday 14th Exaltation of the Holy Cross Fairtrade fortnight</p> <p>SOLIDARITY https://www.cte.org.uk/Groups/234838/Home/Resources/Education_Sunday/Education_Sunday.aspx</p>
16th September	Who do people say I am	<p>"But you," he asked, "Who do you say I am?"</p> <p>Mark 8:27-35</p>	<p>Evangelii Gaudium Sunday (Joy of the Gospel) 21st St Matthew 21st International Day of Peace</p> <p>Care for creation 21st International Day of Peace https://internationaldayofpeace.org/ https://paxchristi.net/2020/07/06/catholic-nonviolence-days-of-action/</p>
23rd September	Servant of all	<p>"Anyone who wants to be first must be the very last, and the servant of all."</p> <p>Mark 9:30-37</p>	<p>25th Sunday in Ordinary Time Harvest Sunday 27th St Vincent de Paul</p> <p>Care for creation https://cafod.org.uk/Pray/Harvest-prayers 27th Feast of St. Vincent de Paul - Mini Vinnies/Youth SVP</p>
30th September	Good Deeds	<p>"Do not stop anyone from working a miracle in my name."</p> <p>Mark 9:38-43,45,47-48</p>	<p>26th Sunday of Ordinary Time 4th St Francis of Assisi 4th CAFOD Harvest Fast Day</p> <p>Care for creation</p>
7th October	Count your blessings	<p>"For it is to such as these (little children) that the Kingdom of God belongs."</p> <p><i>Mark 10:2-16</i></p>	<p>Month focus on the rosary 27th Week of Ordinary Time 10th World Mental Health Day</p> <p>Preferential Option for the Poor Black history month - https://motivationalspeakersagency.co.uk/news/black-history-month-what-is-it-and-how-do-i-celebrate#:~:text=October%201st%202024%20marks%20the,cultural%20c.</p>

14 th October	Justice for all	“Go and sell everything you own and give the money to the poor.... then come, follow me.” Mark 10:17-30	Week of Prayer for Prisoners and families 12 th St Wilfrid 18 th St Luke	Life and Dignity of the Human Person Sunday 20 th World Missions Sunday https://missio.org.uk/what-is-world-mission-sunday/
21 st October	Serving others	“Anyone who wants to be great among you must be your servant, and anyone who wants to be first among you must be slave to all.” Mark 10:35-45	29 th Sunday in Ordinary Time World Mission Sunday	Call to Family, Community and Participation
Half term break - Monday 28th October - Friday 2nd November 2024				
4 th November	The Greatest Commandment	“The second is this: ‘Love your neighbour as yourself.’ There is no commandment greater than these.” Mark 12:28-34	31 st Sunday of Ordinary Time 1st - All Saints 2 nd - All Souls 9 th – Dedication of the Lateran Basilica	Life and Dignity of the Human Person Friday 6 th CAFOD Harvest Fast Day https://cafod.org.uk/News/Events/Harvest-Fast-Day
11 th November	Give all you have	“This poor widow has put in more than all.” Mark 12:38-44	32 nd Sunday of Ordinary Time Remembrance Sunday 11 th Remembrance Day Anti-Bullying Week	Life and Dignity of the Human Person Prisons Week https://prisonsweek.org/ Hello Yellow- https://www.youngminds.org.uk/support-us/fundraising/helloyellow/ 13 th – 17 th November Anti-Bullying Week https://www.anti-bullyingalliance.org.uk/
18 th November	Why do we remember them?	“The stars will fall from heaven and the powers of heaven will be shaken.” Mark 13:24-32	33 rd Sunday in Ordinary Time World Day of Prayer for the Poor RED Wednesday – Prayer for those persecuted for their faith	Preferential Option for the Poor Tuesday 19 th World Toilet Day - https://www.worldtoiletday.info/ Or use CAFOD’s World Toilet Day Assembly Friday 22 nd - Universal Children’s Day https://www.un.org/en/observances/world-childrens-day
25 th November	Christ the King	“Jesus says, “Mine is not a kingdom of this world.” John 18:33-47	Last Week of Ordinary Time – Christ the Universal King National Youth Sunday 30 th St Andrew	Solidarity World youth Sunday http://www.nationalyouthsunday.org.uk/ https://homeimission.org.uk/home/youth/

2nd December	What are we waiting for?	“Stay awake, praying at all times for the strength to survive all that is going to happen, to stand with confidence before the Son of Man.” Luke 21:25-28, 34-36	1 st Sunday of Advent 3 rd Day of Prayer for Migrants and Refugees 6 th Feast of St Nicholas	Preferential Option for the Poor Sunday 8th december - feast day of the immaculate conception -Our lady whole school feast day
9th December	Being a witness	“A voice cries in the wilderness: Prepare a way for the Lord...” Luke 3:1-6	2 nd Sunday of Advent 9 th Feast of the Immaculate Conception of the Virgin Mary Bible Sunday	Rights & Responsibilities
16th December	All things are possible	‘What about us? What must we do?’ Luke 3:10-18	3 rd Week of Advent – Gaudete Sunday	Rights & Responsibilities
HALF TERM - Monday 23rd December 2024 - Friday 3rd January 2025				
Pope prayer intention for January 2025				
6th January	The Epiphany	“The Word was made flesh and lived among us.” Matthew 2:1-12	The Feast of the Epiphany	1 st January World Day of Peace – see Pope Francis’ new year message of peace
13th January	Being responsible	“And a voice came from heaven, “You are my Son, the Beloved; my favour rests on you”. Luke 3:15-16,21-22	8 th The Baptism of the Lord 8 th – Maximilian Kolbe – Birthday	Call to Family, Community and Participation
20th January	Pilgrims of Hope	“Do whatever he tells you.” John 2:1-11	2 nd Week in Ordinary Time – Launch of the Jubilee Year- Pilgrims of Hope Octave of Prayer for Christian Unity (18-25)	Call to Family, Community and Participation Day of special prayer for world peace https://www.paxchristi.net/
27th January	Choices	“This text is being fulfilled today even as you listen.” Luke 1:1-4,4:14-21	3 rd Sunday in Ordinary Time Sunday of the Word of God 27 th -Holocaust memorial day	27 th St Angela Merici https://cafod.org.uk/content/download/12549/97594/version/5/file/St_Angela.pdf 27 th Holocaust Memorial Day 2024 Theme – https://www.hmd.org.uk/what-is-holocaust-memorial-day/this-years-theme/

3 rd February	Courage	“They became strong; he was filled with wisdom, and the grace of God was on him.” Luke 2:22-40	2 nd – Presentation of the Lord Racial Justice Sunday Victims of Human Trafficking 8 th – St Josephine Bakhita	<i>Preferential Option for the Poor</i>
10 th February	Dedication	“They left everything and followed him.” Luke 5:1-11	5 th Week in Ordinary Time Children's Mental Health Week 11 th Our Lady of Lourdes – World day of prayer for the sick	Solidarity 8 th St Josephine Bakita – Day of Prayer for Trafficked People https://cafod.org.uk/Education/Secondary-and-youth-resources/Saints-prayer-cards https://www.caritas.org/2016/02/international-day-prayer-awareness-human-trafficking/
Half term - Monday 17th - 21st February 2025				
24 th February	Be Bold and do good	“Love your enemies.” Luke 6:27-38	7 th Week in Ordinary Time 1 st March Women's World Day of Prayer	
3 rd March	Compassion	“A good man brings good things out of the good stored up in his heart” Luke 6:39-45	8 th Sunday of Ordinary Time Day of Prayer for the Unemployed 5 th Ash Wednesday - LENT BEGINS	Dignity & rights of workers Friday 8 th International Women's Day https://www.internationalwomensday.com/
10 th March	Being tempted	“Jesus answered, “It is written: ‘Man shall not live on bread alone.’” Luke 4:1-13	1 st Sunday of Lent	Preferential Option for the Poor Check out CAFOD's & Missio Ash Wednesday and Lent resources
17 th March	Dare to shine	“As he prayed, the aspect of his face was changed, and his clothes became brilliant as lightning.” Luke 9:28-36	2 nd Sunday of Lent The needy and hungry of the World 14 th CAFOD Family Fast Day 17 th St Patrick 19 th St Joseph Husband of Mary	Preferential Option for the Poor Support Caritas Shrewsbury https://www.caritasshrewsbury.org.uk/get-involved/good-shepherd-collection/ Fairtrade fortnight begins https://www.fairtrade.org.uk/get%20involved/Current-campaigns/Fairtrade-Fortnight 20 th International Day of Happiness https://www.dayofhappiness.net/#join 22 nd World Water Day - https://www.unwater.org/what-we-do/inspireaction/

24 th March	Repentance	“But unless you repent, you too will all perish” Luke 13:1-9	3 rd Sunday of Lent 24 th St Oscar Romero 25 th The Annunciation of the Lord	
31 st March	Forgiveness	“While he was still a long way off, his father saw him and was moved with pity.” Luke 15:1-3,11-32	4 th Sunday of Lent	
Half term break - Monday 7th -21st April (Easter)				
22 nd April	Love conquers all	“the one Jesus loved, and said, “They have taken the Lord out of the tomb, and we don’t know where they have put him!” John 20:1-9	Easter Sunday 20th April Easter Monday 21st April	Solidarity https://www.justice-and-peace.org.uk/ 22nd Earth Day https://www.earthday.org/earthday/countdown-to-2020/
27 th April	Faith	“You believe because you can see me. Happy are those who have not seen and yet believe.” John 20:19-31	2 nd Sunday of Easter Human Work 28 th St George 1 st May – Joseph the Worker	Dignity & rights of workers 1 st May St Joseph the Worker – Day of Prayer for Human Work
5 th May	Bravery	“Do you love me?” John 21:1-19	3 rd Sunday of Easter	
12 th May	Belonging	“Jesus said, “The sheep that belong to me listen to my voice.” John 10:27-30	4 th Sunday of Easter	Mental health awareness week - https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week
19 th May	Being a disciple	“By this love you have for one another, everyone will know you are my disciples.” John 13:31-33,34-35	5 th Sunday of Easter 24 th Our Lady Help of Christians Diocesan Patron	
Half term break - 26th - 30th May 2025				

2 nd June	Spirit filled	“They were all filled with the Holy Spirit and began to speak.” Acts 2:1-21	7 th Sunday of Easter World Communications Day	8th World Oceans Day https://www.worldoceansday.org/ http://www.webofcreation.org/SeasonofCreation/ocean.html https://www.arocha.org/wp-content/uploads/2018/01/Prayer-for-the-Oceans.pdf
9 th June	The Church community	“The Holy Spirit will teach you everything.” John 14:15-16. 23-26	Pentecost	Preferential Option for the Poor
16 th June	Truth	“The Spirit of truth will lead you to the complete truth.” John 16:12-15	Most Holy Trinity	
23 rd June	Human rights	“Give them something to eat yourselves.” Luke 9:11-17	Most Holy Body and Blood of Christ Prayer for those who suffer persecution, oppression and denial of human rights 22 nd Ss John Fisher and Thomas More A call for action	World Refugee Week https://refugeeweek.org.uk/resources/education-resources/ 22 nd Sts Thomas More and John Fisher – Day of prayer for those who suffer persecution, oppression and denial of human rights.
30 th June	Know who you are	“But what about you?” he asked. “Who do you say I am?” Matthew 16:13-19	29 th Ss Peter and Paul	
7 th July	Travelling light	“Carry no purse, no haversack, no sandals.” Luke 10:1-12, 17-20	14 th Sunday in Ordinary Time	Dignity & rights of workers
14 th July	Who is my neighbour?	“Who is my neighbour?” Luke 10:25-37	15 th Week in Ordinary Time Sea Sunday	Dignity & rights of workers
21 st July	Achievement	“Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!” Luke 10:38-42	16 th Week in Ordinary Time	

The colour of the shading is indicative of the Liturgical colours used by the Church at different times or seasons of the year.

Green: 'Ordinary Time' refers to the part of the year outside the seasons of Advent-Christmas and Lent-Easter. There are 33/34 weeks of Ordinary Time. During this time the Church helps us to reflect on the life and work of Jesus. The liturgical colour for Ordinary Time is green, a colour seen everywhere in trees and plants and a symbol of life and hope.

Purple is used during Advent and Lent as a sign of penance, sacrifice and preparation. At the midpoint of both of these seasons—Gaudete Sunday (the third Sunday of Advent) and Laetare Sunday (the fourth Sunday of Lent—rose (pink) vestments are traditionally worn as a sign of joy: we rejoice at the midpoint because we are half-way through the preparation and anticipate the coming joy of Christmas or Easter.

Rose is a lighter version of purple because it signifies the penitential purple is mixed with the white of the approaching festival. In both Advent and Lent there is a moment when the atmosphere of penance is brightened by a glimpse of light from the glorious season for which we are preparing ourselves. The third Sunday of Advent tells us 'Gaudéte, rejoice!' because the Lord is near and the fourth Sunday of Lent says 'Laetáre, Ierúsalem, be joyful, Jerusalem, and all who love her!' because she herself is loved by the Lord.

Red symbolises the shedding of blood and is therefore used on Palm Sunday (when Christ entered Jerusalem to prepare for His death), Good Friday, any other commemoration of the Lord's passion, the votive Mass of the Precious Blood, the days marking the martyrdom of the apostles (except St. John), and the feasts of other martyrs who offered their lives for the faith. However, red also signifies the burning fire of God's love. For this reason, red vestments are worn on Pentecost when the Holy Spirit descended on the apostles and tongues of fire rested on their heads and for the celebration of the Sacrament of Confirmation.

White or gold, a colour symbolising rejoicing and purity of soul, is worn during the liturgical seasons of Christmas and Easter. White vestments are also used for feasts of our Lord (except those pertaining to His passion), the Blessed Virgin Mary, the angels, and the saints who were not martyrs.