

KS3/4 PE Girls Curriculum Map

Throughout our PE Curriculum we aim to develop our College Core Values:

Variety of Techniques: Trampolining Dance

Outdoor & Adventurous activities: Orienteering

Demonstrating Improvement in Performance: Fitness

Next Steps

Compassion Courage Determination **Pride** Respect

Compassion

Variety of tactics and strategies: Basketball, Netball, Football Short tennis,, Rounders

YEAR

Select & Apply

appropriate

tactics and

strategies:

Rugby, Netball Badminton, Football RoundersDetermination

Analysing and Comparing Performance: Fitness Athletics

Advanced **Dance Techniques:** Aerobics

Pride

Respect

Select & Apply appropriate Techniques: Trampolining **Gymnastics**

Outdoor & Adventurous activities: Orienteering

Courage



Core Values

Analysing Performance at a basic level: Fitness **Athletics**

Advanced Dance Techniques: Aerobics

YEAR

Develop a lifelong love of sport

Outdoor & Adventurous activities: Orienteering

Basic Techniques: Trampolining Gymnastics

Basic tactics and strategies: Rugby, Netball Badminton, Football Rounders





We work with our primary school partners to make sure we get to know you and you get to know us and what we teach you links up and follows on from what you have learnt already





KS3/4 PE Mixed PE Curriculum

Throughout our PE Curriculum we aim to develop our College Core Values:

Variety of Techniques: Trampolining Dance

Outdoor & Adventurous activities: Orienteering

Demonstrating Improvement in Performance: Fitness

Next Steps

Compassion Courage Determination **Pride** Respect

Compassion

Variety of tactics and strategies: Basketball, Netball, Football Short tennis,, Rounders

YEAR

Select & Apply

appropriate

tactics and

strategies:

Rugby, Netball Badminton, Football RoundersDetermination

Analysing and Comparing Performance: Fitness

Athletics

Advanced

Dance Techniques:

Pride

Respect

Select & Apply appropriate Techniques: Trampolining **Gymnastics**

Outdoor & Adventurous activities: Orienteering

Aerobics

Courage



Core Values

Analysing Performance at a basic level: Fitness **Athletics**

Advanced Dance Techniques: Aerobics

YEAR

Develop a lifelong love of sport

Outdoor & Adventurous activities: Orienteering

Basic Techniques: Trampolining Gymnastics

Basic tactics and strategies: Rugby, Netball Badminton, Football Rounders





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KS3/4 PE Boys Curriculum Map

Throughout our PE
Curriculum we aim to
develop our College Core
Values:

Variety of Techniques: Trampolining

Outdoor & Adventurous activities:
Orienteering

Demonstrating Improvement in Performance: Fitness Circuit training

Next Steps

Compassion
Courage
Determination
Pride
Respect

Compassion

Variety of tactics and strategies:

Basketball, Futsal,

Rugby Football

Rugby,Football Short tennis, Badminton, Rounders YEAR 11 Demonstrating Improvement in Performance:
Fitness

Outdoor & Adventurous activities: Orienteering

Complex
Dance
Techniques:
Mauy Thai



Select & Apply

Rugby, Handball Badminton Football

appropriate

tactics and

strategies:

Basketball-

Short Tennis Softball

Select & Apply

appropriate

Techniques:

Determination

Analysing and Comparing Performance: Fitness Athletics

YEAR 10

Advanced
Dance Techniques:
Mauy Thai

Pride

Variety of tactics and strategies:

Basketball, Futsal, Rugby,Softball, Handbal Short Tennis .Football <u>Variety of</u> Techniques

Trampolining

Respect

Outdoor & Adventurous activities:
Orienteering

YEAR 9

Dance Leadership Techniques: Courage



Outdoor & Adventurous activities:
Orienteering

Analysing
Performance at
an advanced
level:
Fitness



Core Values

Analysing
Performance at a
basic level:
Fitness
Athletics



Advanced
Techniques:
Trampolining
Gymnastics

Advanced tactics and strategies: Rugby, Netball Badminton, Football Basketball, Short Tennis, Cricket

Outdoor & Adventurous activities:
Orienteering

Develop a lifelong love of sport

Basic Techniques: Trampolining Gymnastics Basic tactics and strategies:
Rugby, Netball
Badminton, Football
Basketball, Short
Tennis, Rounders





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